

# THE *New You*

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## *Introducing the Sciton Laser!*

This summer, The Georgia Institute will be adding the exciting new Sciton Laser Platform to address multiple skin related problems. This laser is capable of improving and correcting several different skin issues.

### **BBL & Forever Young BBL**

The BBL & Forever Young BBL by Sciton is a **no downtime treatment with proven history** that gives exceptional results not only in permanent hair reduction, but also when treating superficial pigmented lesions, vascular lesions, acne, facial fine lines and improving skin texture. The BBL improves brown discoloration on not only the face, but almost anywhere on the body. It provides patients with superior results with speed and precision, comfort and cost effectiveness.

You will see immediate results for multiple conditions including:

- Pigmented lesions, such as freckles and age spots
- Vascular lesions, such as red blemishes including facial veins and rosacea
- Hair Removal
- Skin Texture
- Acne

### **Forever Young BBL**

Scientific evidence and research at Stanford University demonstrates that regular maintenance treatments using Forever Young BBL functionally rejuvenates skin and delays skin aging.

Forever Young BBL by Sciton is the only device that has been shown to change the expression of genes associated with aging, longevity, and increased lifespan. With regular Forever Young BBL treatments, patients' skin looks clear, smooth, and much younger.

Forever Young BBL is an innovative technology that uniquely delivers light therapy targeting the signs of aging and sun damage and effectively provides a more refreshed, rejuvenated and youthful appearance

Forever Young BBL Benefits:

- Zero downtime: Patients resume normal activities immediately.

- Long lasting results: Studies include patients treated 10+ years ago.
- Fast treatment: Average treatment time of 12-15 minutes for a full face.
- Effective on all body areas: Face, neck, chest, arms, and hands.



*Before Treatment: 43 Years Old | After Treatment: 55 Years Old  
After 12 Years of Forever Young BBL treatments, the skin looks younger...*

### **HALO**

#### **Radiant skin without the downtime**

The Halo treatment is the world's first hybrid laser. It is the first laser to utilize two wavelengths to treat the epidermis and dermis (upper and lower) part of the skin simultaneously. Over time, your skin can lose its youthful glow due to sun exposure and your body's natural aging process. As a result, your body may develop sun-spots, fine lines, and lose that natural healthy glow. Previous lasers couldn't effectively remove this damage because the treatment was either too shallow or too deep. Halo eliminates years of damage by precisely targeting the right depth. Halo restores the luminous glow you had when you were young.

Everyone's skin is different. Everyone's needs are different. Halo allows your clinician to customize your treatment to fit your lifestyle. Need to be back at work tomorrow? A light treatment creates smooth, vibrant skin that's ready for makeup the next day. Want to WOW them?

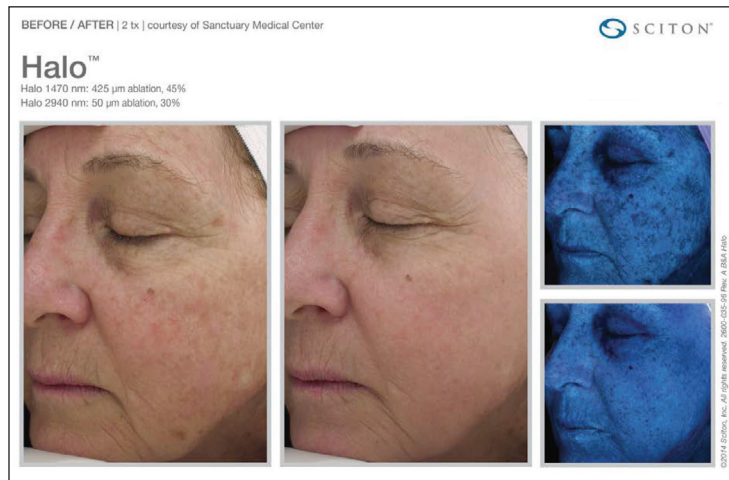
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A more intense treatment will give your skin that youthful glow with just a few days of downtime. Advantages include:

- Customizable treatment to precisely target sun and skin damage
- Improvement in the appearance of tone, texture, fine lines, and wrinkles
- Reduces pore size and increases reflectivity and glow
- Flexibility in treatment levels and downtime – 3-5 days.

**Halo precisely targets years of damage to your skin, including:**

- Discoloration
- Sun damage
- Visible signs of aging
- Uneven skin tone
- Enlarged pores
- Poor texture
- Fine lines
- Scar revision



Halo is different than BBL because it treats at a deeper level, a repair treatment as evident by the UV photos. It fits right in between BBL & Resurfacing, combining the best of both worlds with minimal downtime.

**Contour TRL**

Sciton has perfected skin resurfacing. Treatments can range from superficial like the **NanoLaserPeel** (which might be appropriate for eliminating fine lines and tired-looking skin) to medium depth like **MicroLaserPeel** (appropriate for light to medium wrinkles and sun damage) to **Deep Resurfacing** (which is often used to drastically improve skin tone/texture and eliminate deep wrinkles.)

**NanoLaserPeel™**

Nothing shows age like our skin. If your skin looks dull and tired, you may be considering (or already doing) treatments like a chemical peel or microdermabrasion. These are treatments that use chemicals or abrasive materials to remove the top layer of the skin, revealing new skin underneath.

But the NanoLaserPeel from Sciton can do much more. It uses light energy to instantly remove the top layers of the skin at a depth that also accelerates the skin's own renewal process by activating special messenger proteins. Microdermabrasion and chemical peels often don't get deep enough and other lasers leaves a layer of heat-damaged cells that interrupt the ability of these messenger cells to communicate with deep layers of skin. Only the NanoLaserPeel from Sciton has the precision to work at just the right depth, creating beautifully smooth, luminous



*3 Months After 1 NanoLaserPeel Treatment (very superficial)  
Photos Courtesy of J. David Holcomb, MD*

skin. Advantages include smoother, younger-looking skin with one easy treatment. Average Downtime 1-3 days.

**MicroLaserPeel™**

A MicroLaserPeel removes a thin layer of damaged epidermis to improve texture and provide a more youthful appearance. It provides superior results because it gently revitalizes the entire surface of the skin. The procedure is performed in your physician's office and can be custom tailored to your specific skin condition and desired downtime.

The MicroLaserPeel's beam is scanned over a treatment area to remove a very thin layer of the skin. Removing the top layer eliminates

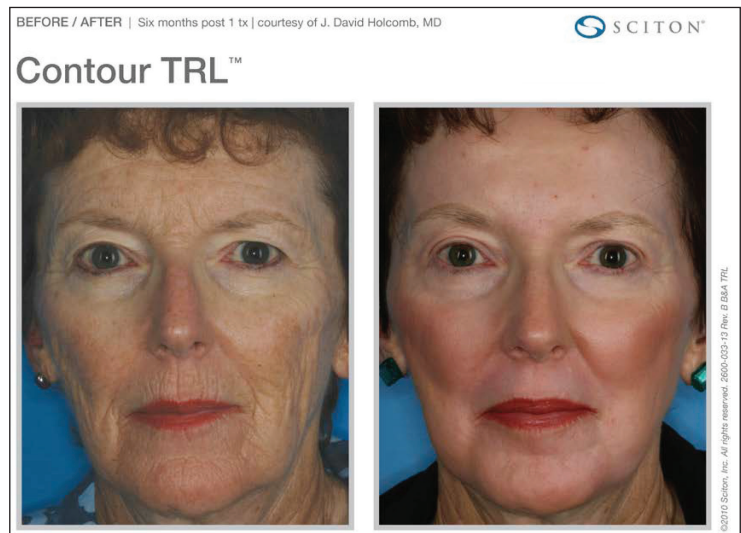


some of the damaged cells that can give skin a tired, aged look. As the skin heals, fresh cells grow and resurface the treated area. The result is healthier-looking skin, often with reduced wrinkles and improved color evenness. Patients often say that it looks like their skin went from looking tired to vibrant. Average Downtime 3-7 days.

**Contour TRL - Deep Resurfacing™**

Contour TRL safely removes a deeper layer of skin to a depth determined by your physician. The depth of treatment will depend on the skin condition, your desired outcome and expectation for downtime. Because Contour TRL can affect tissue with micron precision, your physician can treat your skin with the exact amount of energy needed — no more, no less.

Treating skin with a laser stimulates the growth of new collagen, which improves the skin's thickness and resilience. The skin surface will also re-grow with fresh, healthy cells, which will give your skin a younger rejuvenated appearance. Average Downtime 7-10 days.



Before

After



Before

After



# BREAST REDUCTION

*Helps your neck, back, and shoulders. GET RELIEF FAST!*

Breast reduction surgery helps to improve numerous symptoms related to enlarged breasts. The symptoms improved with breast reduction surgery include neck pain, back pain, rash under one's breasts, headaches, and breast pain while exercising. The surgery is performed as an outpatient procedure with minimal blood loss and discomfort. Your insurance company may pay for a portion of the fees associated with your surgery. One can usually return to work that doesn't involve heavy lifting in 1-2 weeks. A return to full exercise and activity occurs after 4-6 weeks. After a breast reduction, many women find it much more comfortable to exercise. This newfound freedom of motion empowers them to lose weight.

## Breast Reduction at The Georgia Institute For Plastic Surgery

- Outpatient Surgery
- Minimal discomfort
- Sometimes covered by insurance
- Return to work that doesn't involve heavy lifting in less than 2 weeks
- Experienced Surgeons at the Institute have performed over 5000 breast reductions in the last 20 years.

## Obagi Introduces a Tinted Sunblock

We've waited a long time for a tinted sunblock that looks fantastic, is compatible with the Obagi system and is recommended for daily use by the Skin Cancer Foundation...but the wait is over!

We are pleased to announce that Obagi has created a tinted sunblock with an SPF of 50. More importantly, it provides broad spectrum chemical and physical protection from UVA and UVB rays.

When used alone, it provides a 'hint of a tint' that is very popular with everyone who's tried it. Those who have used it under their makeup say it gives their makeup better staying power. They also report the ability to achieve the coverage they desire with less makeup. It seems to have an effect similar to that of a primer.

Best of all, to uniquely compliment individual skin

tones, the sunblock comes in two shades. If you gravitate toward blushes and lipsticks such as peach, apricot, bronze, orange, and tangerine, you would choose the "Warm" shade. The "Warm" would also work nicely for those wishing to counteract excessive pink undertones in the skin. (think rosacea) Those gravitating toward blushes and lipsticks such as rose, mauve, pink, berry, and fuchsia would choose the "Cool" shade.

If you need more information, please contact Jocelyn or Wanda. If you would like to purchase this product, it is available at our Front Desk. If you are unsure of your color, stop by our front desk for a free sample.



**THE SAVANNAH PHILHARMONIC PRESENTS**  
**SEASON FINALE:**  
**CHOPIN & TCHAIKOVSKY**  
**PETER SHANNON, CONDUCTOR**  
**QUYNH SHANNON, PIANO SOLOIST**  
**SATURDAY, APRIL 30, 2016 | 7:30PM**  
**JOHNNY MERCER THEATER | \$26-75**  
**FOR TICKETS**  
**912.525.5050 | savannahphilharmonic.org**

PREMIER SPONSOR  
 Bill and Maria Dascombe

SAVANNAH PHILHARMONIC  
 PETER SHANNON ARTISTIC DIRECTOR AND CONDUCTOR

*In the News*

Dr. Dascombe, his wife Maria, and The Georgia Institute For Plastic Surgery will be sponsoring the season finale concert of the Savannah Philharmonic on Saturday, April 30, 2016. Join us at the Johnny Mercer Theater for a wonderful evening of music that will include:

Chopin & Tchaikovsky

# FREE SEMINAR

## “New Horizons in Laser Treatments of the Skin”

Given by David Marchitti, Sciton Lasers

Location:

The Georgia Institute For Plastic Surgery  
5361 Reynolds Street, Savannah, Georgia 31405

Date:

**Thursday, May 5th, 6pm**

Seating is limited! Call now to make your reservations!

912-355-8000 or 800-260-7135

*The first 50 people who sign up for future laser treatments will receive a 10% discount on their first laser treatment!*

## Obagi Appreciation Week

May 2nd-May 6th

**15% off all products**

Mothers' Day gift bags\* available when you buy at least \$300 worth of product. \*Limited Quantities Available

## We're Letting You in on a "Secret"

If you are aware of the fact that The Georgia Institute For Plastic Surgery offers skincare and makeup services for our patients (and has for nearly two decades) you are in the minority!

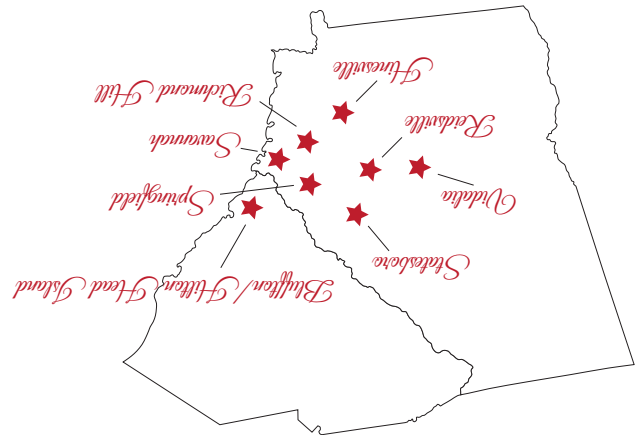
One of the main functions of our Aestheticians is to provide supportive care for our male and female patients before and after surgical procedures. This may include but is not limited to proper skin care, lymphatic massage and camouflage makeup.

We understand that everyone wants to look his or her personal best. Aesthetician services are available to all patients, whether or not they are contemplating surgery. Some of the services offered are skincare consultations, facials, peels, waxing, lash and brow tinting, makeup applications, makeup lessons, and ear piercing.

For more in-depth information about our Aestheticians and the services they provide, please visit our website at: [www.mycosmeticsurgeon.md](http://www.mycosmeticsurgeon.md). After clicking on 'Procedures' scroll down to 'Aesthetician Services'.



“Our main business is not to *see* what lies dimly at a distance but to *do* what lies clearly at hand.” - Thomas Carlyle



Office Locations

5361 Reynolds Street • Savannah, GA 31405  
(912) 355-8000 • (800) 260-7135  
[www.mycosmeticsurgeon.md](http://www.mycosmeticsurgeon.md)

*feel better about yourself*

THE GEORGIA INSTITUTE FOR PLASTIC SURGERY

Don't forget Mothers' Day is Sunday, May 8<sup>th</sup>  
Call or stop in for great gift ideas including gift certificates!



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