



THE
GEORGIA INSTITUTE
FOR PLASTIC SURGERY

feel better about yourself[®]

Holiday 2015



Is it time for your New Year's Resolutions? If it involves looking as young as you feel or just improving the contour of your breast or body – we are here to help you. The surgeons of The Georgia Institute For Plastic Surgery offer each patient excellence in surgical skill. We focus on great customer service with the essence of Southern hospitality. Mycosmeticsurgeon.md was designed to help guide you through all of the plastic surgery procedures that we offer to help you enhance your appearance and to Feel Better About Yourself.

Explore our site and watch some of our patient testimonials. Look at our before and after photographs as well as watch the video of a typical patient experience in our office and private surgery

center. When it is time for you to learn more about the next steps – our plastic surgeons, Dr. Greco, Dr. Dascombe, Dr. Paletta, Dr. Horn, Dr. Sailes and Dr. Philpott want to be your first choice as a trusted resource for their expertise and skill. We encourage you to visit one of our plastic surgery offices conveniently located in Savannah, Effingham, Hinesville, Reidsville, Richmond Hill, Statesboro, Vidalia and in Hilton Head, South Carolina.

Our physicians are committed to providing the highest quality of care at a reasonable cost, with results exceeding our patient's expectations. When you think of plastic surgery, think of The Georgia Institute For Plastic Surgery.

Check us out at www.mycosmeticsurgeon.md

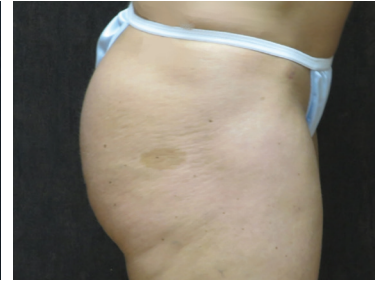
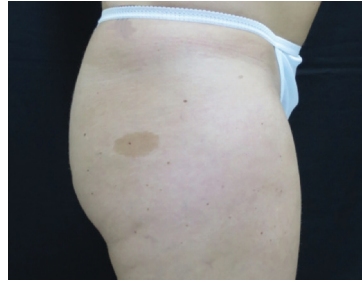
NEW TRENDS IN PLASTIC SURGERY - FAT TRANSFERS

While fat grafting was initially described in the late 19th century and has been used in plastic surgery in the late 20th century, it has been in the last 5 years that the use of fat grafts has taken off. Fat grafting is a versatile technique that can be used by plastic surgeons to treat a variety of conditions. It

has been used by the surgeons at The Georgia Institute For Plastic Surgery for breast cancer reconstruction, post traumatic deformities, patients treated with radiation, improving breast size or shape, improving buttock size and shape (Brazilian butt lift) and facial rejuvenation.



Before Brazilian Butt Lift After Brazilian Butt Lift



Before Brazilian Butt Lift After Brazilian Butt Lift

FAT TRANSFER – FACES

As we age we tend to develop loose hanging skin, we also lose fat in the face, both of which contribute to aging of our faces. As fat in our face decreases, the eyes look more tired, wrinkles become deeper and the face becomes less triangular and more rectangular. Patients who do not have significant excess skin may be treated with restoration of volume with fillers or fat grafting. Those that do have excess skin and require a facelift will also benefit from volume restoration as well.

Fat grafting is a surgical procedure in which fat is removed from an unwanted area (via liposuction) and is placed in an area where it is needed. Not all of the fat will survive, extra fat has to be placed in the treated area; this along with the swelling will make it appear overcorrected initially.

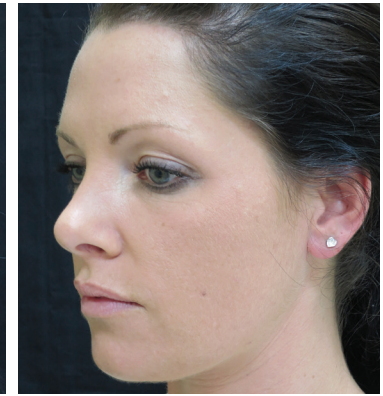
Do people ask you if you look tired when you are well rested? Call to schedule a consultation with one of our physicians to find the best solution for you.



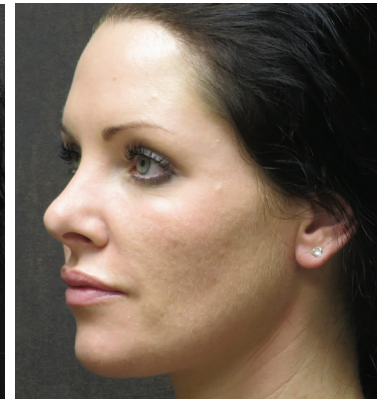
Before Fat Transfer



After Fat Transfer



Before Fat Transfer



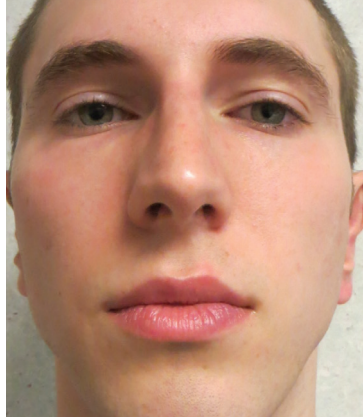
After Fat Transfer



RHINOPLASTY



Before Rhinoplasty



After Rhinoplasty



Before Rhinoplasty



After Rhinoplasty

Do you wish your nose looked different - not happy with shape, size or tip of your nose? Having trouble breathing? Were you born this way, or was it caused by a traumatic event? Some breathing difficulties are attributed to structural nasal abnormalities and a portion of the surgical costs may be covered by insurance.

Rhinoplasty is the reshaping of the cartilage and bones of the nose to create a better functioning and often a more cosmetically acceptable appearance. Some individuals are born with structural abnormalities such as a cleft lip, while others can be the result of a trauma. Irrespective of the cause, a rhinoplasty can be performed to address these symptoms.

Common elements of the nasal appearance improved during surgery include – wide tip, dorsal hump, spreading of the nose. In more severe cases, modifications to the shape of the nose can be performed using your own body parts – cartilage from the ear or ribs. Our imaging technology can digitally change your facial features so that you may visualize your desired outcome.

Not satisfied with your previous rhinoplasty? A secondary rhinoplasty can address asymmetry and other irregularities. If you have any questions or concerns about your nose, call 912-355-8000 today for a consultation.

IMPROVE QUALITY OF LIFE FOR DIABETICS - PREVENT FOOT ULCERS

Would it not be great to prevent foot ulcers and possibly amputations in individuals with Diabetes. “Preventative medicine” is an incredible concept in the field of medicine. Stopping or helping prevent long term sequela can change a person’s life. While having surgery to prevent a problem is not intuitive, our experience in wound care has demonstrated that compressed nerve releases helps keep diabetic patient’s foot sensation intact, and prevents foot ulcers.

Diabetic foot ulcers are among the most difficult wounds we help treat in the Wound Center. Their treatment is costly, to be sure, including hyperbaric oxygen therapy, total-contact casting, specialized footwear, and eventually, in many cases, amputation. In spite of great effort on a part of the clinician and the patient, these ulcers seem to recur time and again. Unfortunately, when they get infected - or the underlying bone does - it could lead to an amputation.

For some time now, ample data has shown the efficacy of peripheral nerve release surgery in improving sensation,

staving off the development of foot ulcers, and improving pain. Despite great success - many physicians and patients are not aware of the improvement that Nerve Compression Release surgery of the lower extremity can provide. Diabetic patients whom present with stocking-glove neuropathy (numbness and/or tingling in the hands and feet) could benefit from additional testing and consultation. For someone who has significantly diminished sensation, in addition to sugar-control, nerve conduction studies should be performed. If there is evidence of nerve compression as well as the stocking-glove neuropathy, as is often the case with diabetics, early decompression can significantly improve quality of life.

If this sounds like you or someone you know, call us at The Georgia Institute For Plastic Surgery at 912-355-8000 and help them reduce the risk of developing an ulcer that may lead to infection and amputation.



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Turn Back the Clock!
New Techniques for Facial Aging

**Seminar given by
Richard J. Greco, M.D.**

Location:
The Georgia Institute For Plastic Surgery
5361 Reynolds Street

Date:
Thursday, January 21, 2016
6:00 PM

SEATING IS LIMITED!
Call now to make your reservations!

912-355-8000 or 800-260-7135



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